

St. Vincent (3-1) -vs- Wilson (0-4)
3/7/2026 at Chambersburg, Pa. (Trojan Stadium)

Date: 3/7/2026
Attendance: 105

Score	1	2	3	4	Total
St. Vincent	2	1	1	2	6
Wilson	1	0	1	3	5

St. Vincent Goals: Cara Dupilka (2); Melanie Seefeldt (2); Mary Katherine (1); Katie Smith (1)
Assists: Mary Katherine (1); Katie Smith (1)

Wilson Goals: Sadie Fike (3); Finley Vandevander (1); Alyvia Henneman (1)
Assists: Ellisa Gamby-Mickey (2); Finley Vandevander (1)

Shots	1	2	3	4	Total
St. Vincent	6	5	3	5	19
Wilson	6	4	6	10	26

Shots On Goal	1	2	3	4	Total
St. Vincent	2	2	1	1	6
Wilson	2	3	3	7	15

Saves	1	2	3	4	Total
St. Vincent	1	4	2	4	11
Wilson	2	3	1	1	7

Turnovers	1	2	3	4	Total
St. Vincent	5	6	6	6	23
Wilson	5	6	5	1	17

Clears	1	2	3	4	Total
St. Vincent	5-5	3-5	2-5	2-3	12-18
Wilson	5-7	2-4	4-4	4-4	15-19

Ground Balls	1	2	3	4	Total
St. Vincent	2	6	2	2	12
Wilson	2	4	5	5	16

Draw Controls	1	2	3	4	Total
St. Vincent	2	1	1	5	9
Wilson	2	0	2	0	4

Free-Position Shots	1	2	3	4	Total
St. Vincent	4	2	1	3	10
Wilson	0	1	1	0	2

Fouls	1	2	3	4	Total
St. Vincent	0	0	0	0	0
Wilson	0	0	0	0	0

Stadium: Trojan Stadium

Penalties: Riley Lemay 1st/06:24; Ellisa Gamby-Mickey 1st/05:41; Sadie Fike 2nd/12:25; Ellisa Gamby-Mickey 2nd/10:14; Paige Ney 2nd/09:29; Ava Baeslach 2nd/06:45; Aurora Penrose 2nd/05:51; Trinity Brown 2nd/05:51; Chloe Herring 2nd/00:46; Alaina Marek 3rd/12:59; Cayla Connolly 3rd/10:17; Alyvia Henneman 3rd/08:45; Chloe Herring 3rd/05:27; Mary Katherine 3rd/01:56; Alyvia Henneman 4th/07:36; Chloe Herring 4th/04:52; Ellisa Gamby-Mickey 4th/00:53

Officials: Logan Smith

St. Vincent 6

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	1	Cara Dupilka	2	0	2	5	0	1	0	3	1-2	0
	3	Valerie Clabaugh	0	0	0	1	2	0	0	0	0-1	0
	4	Cassidy Rega	0	0	0	0	0	2	0	0		0
	6	Mary Katherine	1	1	2	4	0	1	0	4	1-2	0
	9	Amberlee Castillo	0	0	0	1	1	1	0	0		0
	10	Katie Smith	1	1	2	2	6	6	3	0	1-2	0
	13	Chloe Herring	0	0	0	3	1	4	1	2	0-2	0
	15	Aurora Penrose	0	0	0	0	0	1	0	0		0
	17	Melanie Seefeldt	2	0	2	3	0	1	1	0	0-1	0
	21	Penda Mbengue	0	0	0	0	0	1	0	0		0
	22	Ava Baeslach	0	0	0	0	1	1	0	0		0
	24	Cayla Connolly	0	0	0	0	1	3	1	0		0
	TM	Team	0	0	0	0	0	1	0	0		0
		Totals	6	2	8	19	12	23	6	9	3-10	0

#	Goalkeepers	Minutes	GA	Saves	Dec
4	Cassidy Rega	60:00	5	11	W

Wilson 5

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	1	Alaina Marek	0	0	0	1	2	0	0	0		0
	2	Paige Ney	0	0	0	1	0	1	0	0		0
	3	Finley Vandevander	1	1	2	2	1	1	0	0		0
	4	Trinity Brown	0	0	0	0	3	0	4	0		0
	5	Sadie Fike	3	0	3	7	1	1	2	1		0
	8	Ellisa Gamby-Mickey	0	2	2	5	0	2	0	3	0-1	0
	9	Grace Dickinson	0	0	0	1	2	2	1	0		0
	10	Ella Pollock	0	0	0	0	0	0	0	0		0
	11	Riley Lemay	0	0	0	0	3	1	3	0		0
	14	Zoe Rosen	0	0	0	0	3	2	1	0		0
	23	Kaelyn Goff	0	0	0	0	0	3	0	0		0
	24	Alyvia Henneman	1	0	1	9	1	2	1	0	0-1	0
	TM	Team	0	0	0	0	0	2	0	0		0
		Totals	5	3	8	26	16	17	12	4	0-2	0

#	Goalkeepers	Minutes	GA	Saves	Dec
23	Kaelyn Goff	60:00	6	7	L

Scoring Summary

Period	Time	Scored By	Assisted By	ST. VINC	WILSON
1st	10:30	Sadie Fike	Ellisa Gamby-Mickey	0	1
1st	06:36	Mary Katherine	Unassisted	1	1
1st	03:58	Cara Dupilka	Unassisted	2	1
2nd	09:05	Melanie Seefeldt (UP)	Katie Smith	3	1
3rd	14:37	Alyvia Henneman	Finley Vandevander	3	2
3rd	13:53	Cara Dupilka	Unassisted	4	2
4th	09:29	Finley Vandevander	Unassisted	4	3
4th	07:04	Sadie Fike (DN)	Ellisa Gamby-Mickey	4	4
4th	04:13	Sadie Fike (UP)	Unassisted	4	5
4th	02:26	Katie Smith	Unassisted	5	5
4th	02:09	Melanie Seefeldt	Mary Katherine	6	5

Penalty Summary

Period	Time	Team	Player	Type
1st	06:24	WILSON	Riley Lemay	YELLOW CARD
1st	05:41	WILSON	Ellisa Gamby-Mickey	GREEN CARD
2nd	12:25	WILSON	Sadie Fike	GREEN CARD
2nd	10:14	WILSON	Ellisa Gamby-Mickey	GREEN CARD
2nd	09:29	WILSON	Paige Ney	GREEN CARD
2nd	06:45	ST. VINC	Ava Baeslach	GREEN CARD
2nd	05:51	ST. VINC	Aurora Penrose	YELLOW CARD
2nd	05:51	WILSON	Trinity Brown	GREEN CARD
2nd	00:46	ST. VINC	Chloe Herring	GREEN CARD
3rd	12:59	WILSON	Alaina Marek	GREEN CARD
3rd	10:17	ST. VINC	Cayla Connolly	YELLOW CARD
3rd	08:45	WILSON	Alyvia Henneman	YELLOW CARD
3rd	05:27	ST. VINC	Chloe Herring	YELLOW CARD
3rd	01:56	ST. VINC	Mary Katherine	GREEN CARD
4th	07:36	WILSON	Alyvia Henneman	YELLOW CARD
4th	04:52	ST. VINC	Chloe Herring	GREEN CARD
4th	00:53	WILSON	Ellisa Gamby-Mickey	GREEN CARD

Play By Play

Time	Team	Play
15:00	ST. VINC	Cassidy Rega at goalie for ST. VINC.
15:00	WILSON	Kaelyn Goff at goalie for WILSON.
--	WILSON	Draw control by WILSON Sadie Fike.
14:05	WILSON	Shot by WILSON Alyvia Henneman WIDE
13:48	WILSON	Shot by WILSON Alyvia Henneman, SAVE Cassidy Rega
13:39	ST. VINC	Clear attempt by ST. VINC good.
12:59	ST. VINC	Shot by ST. VINC Mary Katherine, SAVE Kaelyn Goff
12:50	WILSON	Clear attempt by WILSON failed.
--	WILSON	Turnover by WILSON Kaelyn Goff.
12:42	ST. VINC	Ground ball pickup by ST. VINC Valerie Clabaugh.
--	ST. VINC	Turnover by ST. VINC Cayla Connolly (caused by Riley Lemay).
12:23	WILSON	Ground ball pickup by WILSON Riley Lemay.
--	WILSON	Turnover by WILSON Zoe Rosen.
11:54	WILSON	Clear attempt by WILSON failed.
11:52	ST. VINC	Ground ball pickup by ST. VINC Katie Smith.
--	ST. VINC	Turnover by ST. VINC Chloe Herring (caused by Sadie Fike).
11:12	WILSON	Ground ball pickup by WILSON Alyvia Henneman.
11:01	WILSON	Clear attempt by WILSON good.
10:30	WILSON	GOAL by WILSON Sadie Fike (FIRST GOAL), Assist by Ellisa Gamby-Mickey, goal number for season.
St. Vincent 0, Wilson 1		
--	ST. VINC	Draw control by ST. VINC Cara Dupilka.
--	ST. VINC	Turnover by ST. VINC Chloe Herring.
09:30	WILSON	Clear attempt by WILSON good.
09:23	WILSON	Shot by WILSON Grace Dickinson WIDE
--	WILSON	Turnover by WILSON.
08:00	ST. VINC	Clear attempt by ST. VINC good.
06:39	ST. VINC	Free position attempt for ST. VINC.
06:36	ST. VINC	GOAL by ST. VINC Mary Katherine (FPGOAL) {free position shot}, goal number for season.
St. Vincent 1, Wilson 1		
--	ST. VINC	Draw control by ST. VINC Cara Dupilka.
06:24	WILSON	Yellow card (2:00) on WILSON Riley Lemay.
06:24	ST. VINC	Shot by ST. VINC Amberlee Castillo, SAVE Kaelyn Goff
06:24	WILSON	Clear attempt by WILSON good.
05:49	WILSON	Shot by WILSON Alyvia Henneman HIGH
05:41	WILSON	Green card (1:00) on WILSON Ellisa Gamby-Mickey.
05:39	ST. VINC	Clear attempt by ST. VINC good.
--	WILSON	Turnover by WILSON Ellisa Gamby-Mickey.
04:56	ST. VINC	Free position attempt for ST. VINC.
04:52	ST. VINC	Shot by ST. VINC Chloe Herring HIGH {free position shot}
04:08	ST. VINC	Free position attempt for ST. VINC.
03:58	ST. VINC	GOAL by ST. VINC Cara Dupilka (FPGOAL) {free position shot}, goal number for season.
St. Vincent 2, Wilson 1		
--	WILSON	Draw control by WILSON Ellisa Gamby-Mickey.
03:35	WILSON	Shot by WILSON Alyvia Henneman WIDE
03:11	ST. VINC	Clear attempt by ST. VINC good.
02:36	ST. VINC	Shot by ST. VINC Chloe Herring WIDE {free position shot}
--	ST. VINC	Turnover by ST. VINC Cayla Connolly.
02:08	WILSON	Clear attempt by WILSON good.
02:08	WILSON	Timeout by WILSON.
--	WILSON	Turnover by WILSON Zoe Rosen.
01:37	ST. VINC	Clear attempt by ST. VINC good.
--	ST. VINC	Turnover by ST. VINC Penda Mbengue.
00:35	WILSON	Clear attempt by WILSON good.
00:00	0	End-of-period.
15:00	0	
--	WILSON	Turnover by WILSON Alyvia Henneman.
--	ST. VINC	Turnover by ST. VINC Cara Dupilka (caused by Riley Lemay).
--	WILSON	Turnover by WILSON Finley Vandevander (caused by Katie Smith).

13:28 ST. VINC Ground ball pickup by ST. VINC Katie Smith.
12:42 ST. VINC Free position attempt for ST. VINC.
12:42 ST. VINC Shot by ST. VINC Katie Smith, SAVE Kaelyn Goff {free position shot}
12:37 WILSON Clear attempt by WILSON good.
-- WILSON Turnover by WILSON Ellisa Gamby-Mickey (caused by Katie Smith).
12:25 ST. VINC Ground ball pickup by ST. VINC Katie Smith.
12:25 WILSON Green card (1:00) on WILSON Sadie Fike.
12:11 ST. VINC Clear attempt by ST. VINC good.
11:21 ST. VINC Shot by ST. VINC Cara Dupilka BLOCKED
11:10 ST. VINC Ground ball pickup by ST. VINC Katie Smith.
10:14 WILSON Green card (1:00) on WILSON Ellisa Gamby-Mickey.
09:49 ST. VINC Shot by ST. VINC Chloe Herring, SAVE Kaelyn Goff
-- WILSON Turnover by WILSON Kaelyn Goff.
09:34 WILSON Clear attempt by WILSON failed.
09:29 WILSON Green card (1:00) on WILSON Paige Ney.
09:05 ST. VINC GOAL by ST. VINC Melanie Seefeldt (MAN-UP), Assist by Katie Smith, goal number for season.

St. Vincent 3, Wilson 1

-- ST. VINC Draw control by ST. VINC Chloe Herring.
-- ST. VINC Turnover by ST. VINC Aurora Penrose.
08:19 WILSON Ground ball pickup by WILSON Trinity Brown.
08:19 WILSON Timeout by WILSON.
07:24 WILSON Free position attempt for WILSON.
07:24 WILSON Shot by WILSON Ellisa Gamby-Mickey, SAVE Cassidy Rega {free position shot}
07:05 ST. VINC Timeout by ST. VINC.
-- ST. VINC Turnover by ST. VINC Katie Smith (caused by Alyvia Henneman).
06:51 WILSON Ground ball pickup by WILSON Alaina Marek.
06:47 ST. VINC Clear attempt by ST. VINC failed.
06:45 ST. VINC Green card (1:00) on ST. VINC Ava Baeslach.
06:34 WILSON Shot by WILSON Alyvia Henneman, SAVE Cassidy Rega
05:59 WILSON Shot by WILSON Paige Ney, SAVE Cassidy Rega
05:51 WILSON Free position attempt for WILSON.
05:51 ST. VINC Yellow card (2:00) on ST. VINC Aurora Penrose.
05:51 WILSON Green card (1:00) on WILSON Trinity Brown.
-- WILSON Turnover by WILSON Grace Dickinson (caused by Katie Smith).
05:39 ST. VINC Ground ball pickup by ST. VINC Katie Smith.
05:37 ST. VINC Clear attempt by ST. VINC failed.
-- ST. VINC Turnover by ST. VINC Katie Smith.
05:22 WILSON Ground ball pickup by WILSON Zoe Rosen.
03:20 ST. VINC Clear attempt by ST. VINC good.
-- ST. VINC Turnover by ST. VINC Melanie Seefeldt (caused by Zoe Rosen).
02:06 WILSON Ground ball pickup by WILSON Riley Lemay.
01:56 WILSON Clear attempt by WILSON failed.
-- WILSON Turnover by WILSON Kaelyn Goff.
01:51 ST. VINC Ground ball pickup by ST. VINC Amberlee Castillo.
-- ST. VINC Turnover by ST. VINC Katie Smith.
00:46 ST. VINC Green card (1:00) on ST. VINC Chloe Herring.
00:46 WILSON Clear attempt by WILSON good.
00:36 WILSON Shot by WILSON Alaina Marek, SAVE Cassidy Rega
00:29 ST. VINC Ground ball pickup by ST. VINC Ava Baeslach.
00:11 ST. VINC Clear attempt by ST. VINC good.
00:08 ST. VINC Free position attempt for ST. VINC.
00:01 ST. VINC Shot by ST. VINC Valerie Clabaugh, SAVE Kaelyn Goff {free position shot}
15:00 0
-- WILSON Draw control by WILSON Ellisa Gamby-Mickey.
14:37 WILSON GOAL by WILSON Alyvia Henneman, Assist by Finley Vandevander, goal number for season.

St. Vincent 3, Wilson 2

-- ST. VINC Draw control by ST. VINC Mary Katherine.
13:53 ST. VINC GOAL by ST. VINC Cara Dupilka, goal number for season.

St. Vincent 4, Wilson 2

-- WILSON Draw control by WILSON Ellisa Gamby-Mickey.
13:31 WILSON Shot by WILSON Sadie Fike, SAVE Cassidy Rega
13:18 ST. VINC Clear attempt by ST. VINC failed.

-- ST. VINC Turnover by ST. VINC Cassidy Rega.
13:12 WILSON Ground ball pickup by WILSON Riley Lemay.
-- WILSON Turnover by WILSON Riley Lemay (caused by Cayla Connolly).
12:59 ST. VINC Ground ball pickup by ST. VINC Cayla Connolly.
12:59 WILSON Green card (1:00) on WILSON Alaina Marek.
12:08 ST. VINC Shot by ST. VINC Cara Dupilka WIDE
-- ST. VINC Turnover by ST. VINC Chloe Herring (caused by Grace Dickinson).
11:42 WILSON Ground ball pickup by WILSON Grace Dickinson.
11:39 WILSON Clear attempt by WILSON good.
11:10 WILSON Free position attempt for WILSON.
11:01 WILSON Shot by WILSON Alyvia Henneman WIDE {free position shot}
10:35 ST. VINC Clear attempt by ST. VINC failed.
-- ST. VINC Turnover by ST. VINC Amberlee Castillo.
10:17 ST. VINC Yellow card (2:00) on ST. VINC Cayla Connolly.
09:57 WILSON Shot by WILSON Finley Vandevander WIDE
08:45 WILSON Yellow card (2:00) on WILSON Alyvia Henneman.
08:33 ST. VINC Clear attempt by ST. VINC failed.
-- ST. VINC Turnover by ST. VINC Katie Smith (caused by Sadie Fike).
08:18 WILSON Ground ball pickup by WILSON Alaina Marek.
07:58 WILSON Shot by WILSON Sadie Fike, SAVE Cassidy Rega
-- WILSON Turnover by WILSON Grace Dickinson (caused by Melanie Seefeldt).
07:14 ST. VINC Ground ball pickup by ST. VINC Katie Smith.
06:00 ST. VINC Free position attempt for ST. VINC.
05:59 ST. VINC Shot by ST. VINC Melanie Seefeldt, SAVE Kaelyn Goff {free position shot}
05:46 WILSON Ground ball pickup by WILSON Zoe Rosen.
05:27 ST. VINC Yellow card (2:00) on ST. VINC Chloe Herring.
05:19 WILSON Clear attempt by WILSON good.
-- WILSON Turnover by WILSON Paige Ney.
03:57 ST. VINC Clear attempt by ST. VINC good.
-- ST. VINC Turnover by ST. VINC Mary Katherine.
-- WILSON Turnover by WILSON Sadie Fike.
03:08 ST. VINC Clear attempt by ST. VINC good.
01:56 ST. VINC Green card (1:00) on ST. VINC Mary Katherine.
01:55 WILSON Clear attempt by WILSON good.
-- WILSON Turnover by WILSON.
-- ST. VINC Turnover by ST. VINC Katie Smith (caused by Trinity Brown).
00:42 WILSON Ground ball pickup by WILSON Sadie Fike.
00:26 WILSON Clear attempt by WILSON good.
00:20 WILSON Shot by WILSON Alyvia Henneman WIDE
15:00 0
-- ST. VINC Turnover by ST. VINC Ava Baeslach (caused by Trinity Brown).
14:03 WILSON Clear attempt by WILSON good.
13:24 WILSON Shot by WILSON Ellisa Gamby-Mickey, SAVE Cassidy Rega
13:11 ST. VINC Clear attempt by ST. VINC failed.
-- ST. VINC Turnover by ST. VINC Cassidy Rega.
12:21 WILSON Shot by WILSON Ellisa Gamby-Mickey HIGH
-- WILSON Turnover by WILSON Alyvia Henneman (caused by Chloe Herring).
11:43 ST. VINC Ground ball pickup by ST. VINC Chloe Herring.
11:41 ST. VINC Clear attempt by ST. VINC good.
10:53 ST. VINC Free position attempt for ST. VINC.
10:35 ST. VINC Shot by ST. VINC Mary Katherine HIT POST {free position shot}
09:51 ST. VINC Free position attempt for ST. VINC.
09:36 ST. VINC Shot by ST. VINC Cara Dupilka, SAVE Kaelyn Goff {free position shot}
09:29 WILSON Clear attempt by WILSON good.
09:29 WILSON GOAL by WILSON Finley Vandevander, goal number for season.

St. Vincent 4, Wilson 3

-- ST. VINC Draw control by ST. VINC Chloe Herring.
-- ST. VINC Turnover by ST. VINC Chloe Herring (caused by Riley Lemay).
09:05 WILSON Ground ball pickup by WILSON Finley Vandevander.
08:54 WILSON Clear attempt by WILSON good.
08:16 WILSON Shot by WILSON Alyvia Henneman, SAVE Cassidy Rega
08:12 WILSON Ground ball pickup by WILSON Grace Dickinson.

07:49 WILSON Shot by WILSON Ellisa Gamby-Mickey HIT POST
07:46 ST. VINC Ground ball pickup by ST. VINC Valerie Clabaugh.
07:36 WILSON Yellow card (2:00) on WILSON Alyvia Henneman.
-- ST. VINC Turnover by ST. VINC.
07:04 WILSON GOAL by WILSON Sadie Fike (MAN-DOWN), Assist by Ellisa Gamby-Mickey, goal number for season.

St. Vincent 4, Wilson 4

07:04 ST. VINC Timeout by ST. VINC.
-- ST. VINC Draw control by ST. VINC Mary Katherine.
06:46 ST. VINC Shot by ST. VINC Mary Katherine BLOCKED
06:38 WILSON Ground ball pickup by WILSON Zoe Rosen.
06:18 WILSON Clear attempt by WILSON good.
05:52 WILSON Shot by WILSON Sadie Fike HIGH
05:23 WILSON Shot by WILSON Ellisa Gamby-Mickey, SAVE Cassidy Rega
05:16 ST. VINC Clear attempt by ST. VINC good.
-- ST. VINC Turnover by ST. VINC Katie Smith (caused by Trinity Brown).
04:52 ST. VINC Green card (1:00) on ST. VINC Chloe Herring.
04:51 WILSON Ground ball pickup by WILSON Trinity Brown.
04:13 WILSON GOAL by WILSON Sadie Fike (MAN-UP), goal number for season.

St. Vincent 4, Wilson 5

-- ST. VINC Draw control by ST. VINC Mary Katherine.
02:41 ST. VINC Free position attempt for ST. VINC.
02:26 ST. VINC GOAL by ST. VINC Katie Smith (FPGOAL) {free position shot}, goal number for season.

St. Vincent 5, Wilson 5

-- ST. VINC Draw control by ST. VINC Mary Katherine.
02:09 ST. VINC GOAL by ST. VINC Melanie Seefeldt, Assist by Mary Katherine, goal number for season.

St. Vincent 6, Wilson 5

-- ST. VINC Draw control by ST. VINC Cara Dupilka.
00:53 WILSON Green card (1:00) on WILSON Ellisa Gamby-Mickey.
-- ST. VINC Turnover by ST. VINC Cayla Connolly (caused by Trinity Brown).
00:35 WILSON Ground ball pickup by WILSON Trinity Brown.
00:14 WILSON Shot by WILSON Sadie Fike, SAVE Cassidy Rega